### SAMPLE TIMES FOR PRESSING DYE SUBLIMATION PRODUCTS

<table>
<thead>
<tr>
<th>Substrate</th>
<th>Our Product Code</th>
<th>Pressing Time (seconds)</th>
<th>Temperature °C</th>
<th>Paper Type</th>
<th>Addition Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acrylic (Cast only)</td>
<td>n/a</td>
<td>180</td>
<td>180</td>
<td>Dye Sublimation</td>
<td>Caution: First remove any protective plastic film from Acrylic. Substrates printable face up toward heated platen, printed paper face down. When you open the heatpress remove the paper immediately. Allow to cool flat by placing a heavy object on the top of the printed Acrylic until fully cool.</td>
</tr>
<tr>
<td>Aprons (Polyester)</td>
<td>C062 / C063</td>
<td>50</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Printable face up towards heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Award Plaque</td>
<td>C219</td>
<td>90</td>
<td>185</td>
<td>Instant Dry</td>
<td>Pre press for 15 seconds.</td>
</tr>
<tr>
<td>Bookmark (Metal)</td>
<td>C220</td>
<td>50</td>
<td>195</td>
<td>Instant Dry</td>
<td>Caution: First remove protective plastic film from printable side of metal.</td>
</tr>
<tr>
<td>Business Folder</td>
<td>C131</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Place flap only into the heat press, leaving folder body hanging out the press. Printable white flap up toward heated platen, printed paper face down. If required cut a card filler, smaller than the turned seams and place below flap.</td>
</tr>
<tr>
<td>Canvas / Textile</td>
<td>T004</td>
<td>1½ minutes</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Car Sun Shade</td>
<td>C128</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Ceramic Mugs</td>
<td>C031</td>
<td>180-210</td>
<td>205</td>
<td>Instant Dry</td>
<td>Cut around the print leaving white space all around. Fix to the item using heat tape.</td>
</tr>
<tr>
<td>Ceramic Tiles</td>
<td>n/a</td>
<td>240-300</td>
<td>205</td>
<td>Instant Dry</td>
<td>Printed paper face up on press base and printable face of tile down.</td>
</tr>
<tr>
<td>Clear Polyester</td>
<td>C119</td>
<td>150</td>
<td>190</td>
<td>Instant Dry</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Clock (Gloss)</td>
<td>C211</td>
<td>60</td>
<td>190</td>
<td>Instant Dry</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Coasters / Place Mat</td>
<td>C073 / C076 / C081</td>
<td>60</td>
<td>190</td>
<td>Instant Dry</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Coated Metal</td>
<td>C085 / C091</td>
<td>50</td>
<td>190</td>
<td>Instant Dry</td>
<td>Caution: First remove protective plastic film from printable side of metal.</td>
</tr>
<tr>
<td>Denim Purse</td>
<td>C135</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Put purse flap in heat press with printable white face up toward heated platen, printed paper face down. Use High Pressure.</td>
</tr>
<tr>
<td>Fibre Glass</td>
<td>C095 - C099</td>
<td>150</td>
<td>195</td>
<td>Instant Dry</td>
<td>Caution: First remove protective plastic film from printable side of fibre Glass.</td>
</tr>
<tr>
<td>Flock</td>
<td>C141</td>
<td>60</td>
<td>210</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Fridge Magnet (Metal)</td>
<td>C216</td>
<td>50</td>
<td>190</td>
<td>Instant Dry</td>
<td>Caution: First remove protective plastic film from printable side of metal.</td>
</tr>
<tr>
<td>Frisbee</td>
<td>C207</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Gloss Sublimation Card</td>
<td>C101</td>
<td>90</td>
<td>180</td>
<td>Instant Dry</td>
<td>Pre press the white side for 1 second. Printed paper face up on press base and card face down.</td>
</tr>
<tr>
<td>Hand Bag / Reporters Bag</td>
<td>C124 / C125 / C130</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Place removable flap only into the heat press. Printable white flap up toward heated platen, printed paper face down. High Pressure. If required cut a card filler, smaller than the turned seams and place below flap.</td>
</tr>
<tr>
<td>iPad Case</td>
<td>C260</td>
<td>75</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>iPhone 4 Cases (metal insert)</td>
<td>C250 / C251</td>
<td>50</td>
<td>190</td>
<td>Instant Dry</td>
<td>Caution: First remove protective plastic film from printable side of metal.</td>
</tr>
<tr>
<td>iPhone 5 Cases (metal insert)</td>
<td>C255 / C256</td>
<td>50</td>
<td>190</td>
<td>Instant Dry</td>
<td>Caution: First remove protective plastic film from printable side of metal.</td>
</tr>
<tr>
<td>Jigsaws (Gloss)</td>
<td>C208 - C210</td>
<td>60</td>
<td>190</td>
<td>Instant Dry</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Keyring (Metal)</td>
<td>C215</td>
<td>50</td>
<td>195</td>
<td>Instant Dry</td>
<td>Caution: First remove protective plastic film from printable side of metal.</td>
</tr>
<tr>
<td>Laser Ply / MDF (treated with Transparent Water Based Coating)</td>
<td>n/a</td>
<td>60</td>
<td>190</td>
<td>Dye Sublimation</td>
<td>Ensure that the coating is fully cured. Place the Laser Ply or MDF with printable face up toward heated platen and pre-press at 190°C for 30 seconds to remove any moisture. Now place the printed paper face down and press for full 60 seconds at 190°C.</td>
</tr>
<tr>
<td>Mark Resist Plastic (Matt) VF</td>
<td>C111</td>
<td>60 - 90</td>
<td>177</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Money Box (porcelain)</td>
<td>C033</td>
<td>210</td>
<td>180</td>
<td>Instant Dry</td>
<td>Cut around the print leaving white space all around. Fix to the item using heat tape.</td>
</tr>
<tr>
<td>Mouse Mat</td>
<td>C026</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Pencil Case / Make Up Bag</td>
<td>C132</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Place flap only into the heat press, leaving bags body hanging out the press.</td>
</tr>
<tr>
<td>Place Mat (Gloss)</td>
<td>C081</td>
<td>60</td>
<td>190</td>
<td>Instant Dry</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Plastic Sheet (White) VF</td>
<td>C110</td>
<td>120</td>
<td>185</td>
<td>Dye Sublimation</td>
<td>Printed paper face up on press base and printable face of plastic.</td>
</tr>
<tr>
<td>Sports Bag (Drawstring)</td>
<td>C134</td>
<td>50</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Printable face up toward heated platen, printed paper face down. Caution: Keep black drawstrings away from the heat plate.</td>
</tr>
<tr>
<td>Tote Bag</td>
<td>C150</td>
<td>50</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>T-Shirts / Polo Shirts</td>
<td>C035 / C052</td>
<td>60</td>
<td>200</td>
<td>Dye Sublimation</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Vileine</td>
<td>T012</td>
<td>45</td>
<td>180</td>
<td>Instant Dry</td>
<td>Substrates printable face up toward heated platen, printed paper face down.</td>
</tr>
<tr>
<td>Water Bottle (Aluminium)</td>
<td>C230</td>
<td>50</td>
<td>200</td>
<td>Instant Dry</td>
<td>Cut around your print leaving white space all around. Pre heat water bottle for 15 secs prior to fixing to the item using heat tape.</td>
</tr>
</tbody>
</table>

**Note:** These are guidelines only and can vary based on individual heatpresses. Some testing may be required to achieve optimum transfer.  
**If sticking paper persists try wetting the back of the paper under a tap and scrubbing away with a nail brush to reveal your printed item.**

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**Caution Hot:** These items will be very hot when opening the heat press. iSub (Education) recommend using heat resistant gloves when handling printed items.